

# HELP TO PROTECT YOURSELF FROM THE CORONAVIRUS

The World Health Organization (WHO) has declared the coronavirus COVID-19 outbreak a **"public health emergency of international concern."** According to the US Centers for Disease Control and Prevention (CDC), the virus can spread like influenza, through droplets produced when sick people cough or sneeze.

## As of March 2020, the coronavirus has:

- Been detected in at least 140+ countries
- Infected 524,000+ people worldwide
- Killed at least 23,500 people

## Who are targets for coronavirus?

- People with weakened immune systems
- Elderly and young children
- Anyone eating an unhealthy diet

Transmission of the virus is picking up speed around the world and vaccines may not be available until the end of the year, if at all. But you can help to protect yourself now and [naturally with foods](#) that are healing like algae from [www.energybits.com](http://www.energybits.com).

## Chlorella algae boosts your immune system:

Chlorella algae help to strengthen your immune system. In one study, researchers found those who took [chlorella produced more antibodies](#) and fought off bacteria and viruses. Another clinical study showed that chlorella algae boosts the [production of natural killer cells](#), which help your body fight off viral infections.

## Spirulina algae helps stops viruses:

Spirulina algae, an algae containing mannose-binding lectins, help to penetrate and [break down shells of viruses](#) including coronaviruses; SARS, MERS and the most recent COVID-19. Another clinical study showed that [spirulina algae significantly reduced](#) the replication of such viruses as HIV.

**Help protect yourself with:** RECOVERYbits® (100% chlorella algae), ENERGYbits® (100% spirulina algae) or BEAUTYbits® (100% spirulina algae) and VITALITYbits® (50% spirulina 50% chlorella algae). [Order them here!](#)

Even functional medicine doctors like [Dr. Will Cole](#) agree that algae has protective benefits:

*"Our immune system is our body's defense mechanism against invading bacteria and viruses. Without a strong immune system, you are more likely to fall prey to illnesses, especially during the winter months when the flu virus abounds. That's why I always load up during this time with immune-supporting foods like spirulina and chlorella. These superfoods have been shown to support the immune system and significantly cut the severity of influenza symptoms. I love RECOVERYbits® tablets since they provide an easy nutrient-dense source of chlorella."*

-Dr. Will Cole, leading functional medicine expert, IFMCP, DC, and author of The Inflammation Spectrum & [Ketotarian](#)

Help protect yourself and your family naturally with RECOVERYbits® chlorella algae tablets, ENERGYbits® and BEAUTYbits® spirulina algae and VITALITYbits® 50% spirulina and 50% chlorella algae. Our algae tablets have ONE ingredient, 60% protein and 40+ nutrients that are vegan, keto & kosher and contain NO sugar, chemicals, caffeine, gluten or toxins.

Help protect yourself against  
the coronavirus today

[www.energybits.com/products.html](http://www.energybits.com/products.html)

