

bits®

algae  
tablets

## WHY ALGAE IS ESSENTIAL FOR KETO DIETS

ENERGYbits® is an algae tablet company based in Boston, MA [www.energybits.com](http://www.energybits.com). Our algae tablets are KETOGENIC. Algae is endorsed by NASA, United Nations and Carnegie Institute as the most nutrient dense food in the world with the highest concentration of nutrients, protein, chlorophyll and superoxide dismutase in the world. **Why is this so important for KETO?**

### Spirulina and Chlorella Algae Improve Longevity and Keto

1. **PROTEIN** in algae is PLANT-BASED so it does not stimulate the MTor pathway like animal protein does. The MTor Pathway can contribute to uncontrolled growth of cancer cells.
2. **CHLOROPHYLL** is a blood cleanser, antioxidant, anti-inflammatory, detoxifying pigment that penetrates and heals the cell walls, oxygenates the blood, absorbs carcinogens, and provides mitochondria with a fuel source that is [cleaner than glucose](#). Chlorophyll is an essential nutrient for long term health and algae has the highest concentration of chlorophyll in the world (1,000 x more chlorophyll than greens)
3. **SUPEROXIDE DISMUTASE** is one of the very few antioxidants that can penetrate the inner membrane of the mitochondria to [stop free radical damage](#) and prevent disease/aging.

Taking algae every day ensures you are getting all the nutrients you need to protect your body, health and mitochondria **WITHOUT** toxins or reducing your ketones or increasing your glucose.

**Algae restores cellular health, balances blood pH, reduces inflammation, improves mitochondria health, slows aging and helps heal metabolic disorders including cancer. When algae is combined with a KETO diet, the result is a nutritional intervention that is more powerful than any drug and restores health naturally.**

All of ENERGYbits® algae are KETO approved, have ZERO net carbs, ONE ingredient and ONE calorie, FORTY vitamins and minerals, high amounts of EFA and 5 gram of protein (per serving of 30 tabs). Our algae is a NON-GMO, organically grown, sustainable and eco-friendly crop.

***ENERGYbits - Spirulina algae. This blue-green algae boosts energy and focus, improves performance, protects mitochondria, brain and heart and satisfies hunger.***

***RECOVERYbits: Chlorella algae. This green algae builds immune system, removes toxins, supports longevity, sleep & digestion, replaces vegetables and speeds recovery.***

**WANT SOME?** To learn more or purchase yours visit us at [www.energybits.com](http://www.energybits.com).

**QUESTIONS?** Contact us [customercare@energybits.com](mailto:customercare@energybits.com) or call 617-219-9679.

**WHOLESALE?** To open a wholesale account email us at [wholesale@energybits.com](mailto:wholesale@energybits.com)