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Immune System Support with Boston's ENERGYbits® Algae Tablets Science Shows Plant-based Chlorophyll Helps Prevent Viruses

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March 31, 2020 (Boston, MA) -[ENERGYbits®](#), a Boston algae company, has spent the last ten years researching and explaining algae's immune building benefits. As the coronavirus continues to attack and devastate lives around the world, it is more critical than ever to boost one's immune system for protection. ENERGYbits® algae tablets can help. And for good reason.

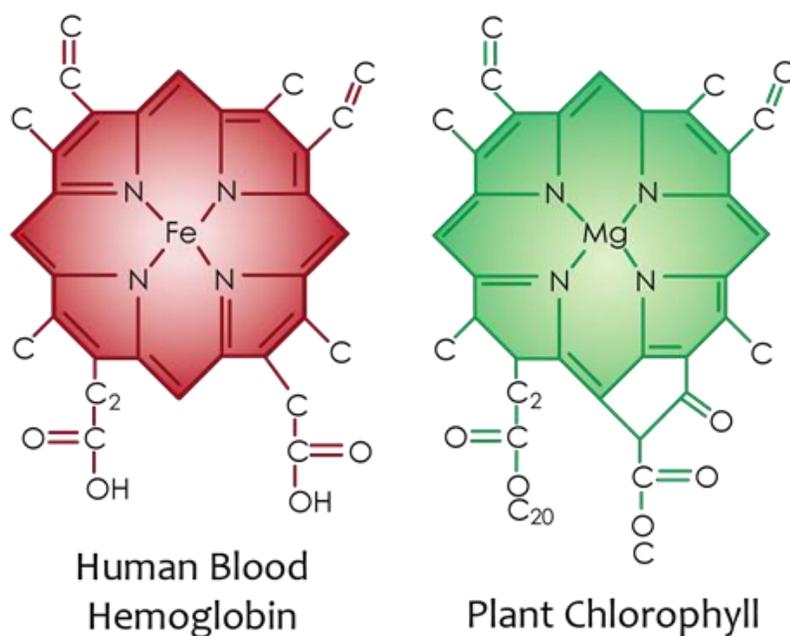
Algae is endorsed by NASA [8] as the most nutrient-dense, high-protein, plant-based, sustainable food in the world and the United Nations says it is the answer to world hunger [5], [6]. Algae contains 60% protein, forty vitamins/minerals and has the highest concentration of chlorophyll in the world. Scientists and doctors agree that chlorophyll is essential for a strong immune system as it helps boost immunity from colds or viruses.

"Without a strong immune system, you are more likely to fall prey to illnesses, especially the flu virus. That's why I like spirulina and chlorella algae tablets from ENERGYbits. They have been shown to support the immune system and significantly cut the severity of influenza symptoms."

-[Dr. Will Cole](#) [9], IFMCP, DC

While algae is not very well known in the USA, algae is a main food in Asia where it has been used for fifty years and is a multi-billion-dollar agricultural crop. Algae's wellness benefits have been documented in almost 100,000 scientific studies and the White House/Congress recently passed the first "Algae Agricultural Act" as part of the 2019 Farm Bill to encourage USA farmers to grow algae here [\[11\]](#).

Once of the most important nutrients found in algae is chlorophyll (the pigment that makes plants green). Chlorophyll was used to help heal the injured during WW II when there was a shortage of blood for transfusions. The reason is simple. The chemical composition of chlorophyll is virtually identical to that of hemoglobin (blood).



Algae has the highest concentration of chlorophyll in the world. It has 1,000 x more chlorophyll than Chinese greens, 250 x more chlorophyll than spinach and 25 x more chlorophyll than liquid chlorophyll (source: Linus

Pauling Institute). That's why taking algae may be the best way to get chlorophyll into the body so it can build and help protect the immune system.

Transmission of the current virus has picked up speed around the world and vaccines may not be available until the end of the year, if at all. Algae tablets from ENERGYbits® are a quick, simple, safe, third-party tested, chlorophyll-rich superfood that can be used now to support the immune system. There are two main types of algae which provide different benefits.

1. **Chlorella algae:** ([RECOVERYbits®](#) and [VITALITYbits®](#)) Scientific studies have shown chlorella helps build the [immune system](#). In clinical studies, chlorella produced antibodies, fought bacteria and viruses [\[1\]](#) and boosted natural killer cells to fight viral infections [\[2\]](#).
2. **Spirulina algae:** ([ENERGYbits®](#) and [BEAUTYbits®](#)). Scientific studies have shown spirulina helps improve immune function of senior citizens [\[10\]](#). Additional clinical studies have shown it contains mannose-binding lectins that penetrate viruses [\[3\]](#) to reduce their growth [\[4\]](#).

During these challenging times, it's important to strengthen the immune system. A plant-based, whole-food diet that includes algae tablets from ENERGYbits® is a good start. The list of benefits from algae is long but the best one might be peace of mind. Order yours at www.energybits.com

ABOUT ENERGYbits®:

ENERGYbits® is a ten-year old Boston, plant-based nutrition company that sells algae tablets. To learn more, visit www.energybits.com or contact the Boston office at 617-886-5106 or email customercare@energybits.com

Resources:

1. <https://www.ncbi.nlm.nih.gov/pubmed/21906314>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3511195>
3. <https://www.tandfonline.com/doi/full/10.3109/1040841X.2013.798780>
4. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3354323/>
5. <https://www.aquahoy.com/en/news/30395-iimsam-intergovernmental-institution-for-the-use-of-micro-algae-spirulina-against-malnutrition>
6. <https://www.un.org/en/ecosoc/docs/statement08/iimsam.pdf>
7. <https://pubmed.ncbi.nlm.nih.gov/27259333-the-antioxidant-immunomodulatory-and-anti-inflammatory-activities-of-spirulina-an-overview/>
8. file:///C:/Users/User1/Downloads/290710-NDS-9838-the-beneficial-effects-of-spirulina-focusing-on-its-immunomo_072910.pdf
9. <https://drwillcole.com/>
10. <https://www.nature.com/articles/cmi201076.pdf>
11. <https://algaebiomass.org/blog/10424/algae-agriculture-triumphs-farm-bill-compromise/>

Additional Resources:

1. <https://scienceblog.com/514404/nac-spirulina-other-nutraceuticals-may-play-role-on-coronavirus-treatment/>
2. <https://www.sciencedirect.com/science/article/pii/S0033062020300372>
3. <https://scholar.google.com/scholar?q=Well-tolerated%20Spirulina%20extract%20inhibits%20influenza%20virus%20replication%20and%20reduces%20virus-induced%20mortality>
4. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5061973/>
5. https://www.nasa.gov/mission_pages/station/research/experiments/explorer/Investigation.html?#id=7446
6. <https://www.ncbi.nlm.nih.gov/pubmed/26561078>
7. <https://www.un.org/en/ecosoc/docs/statement08/iimsam.pdf>
8. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4200191/>
9. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1392256/>
10. <https://cancerbiomedcentral.com/articles/10.1186/1475-2867-13-55>
11. <https://www.sciencedirect.com/science/article/abs/pii/S03044165130>

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12. <https://www.news-medical.net/news/20091230/Chlorophyll-and-chlorophyllin-effective-in-limiting-aflatoxin-absorption-in-humans.aspx> December 2009
13. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3249911/>
14. http://www.klinghardtacademy.com/images/stories/Heavy_Metal_Toxicity/Chlorella/chlorella%20and%20breast%20milk.pdf

