VIP Testimonials about ENERGYbits

“ENERGYbits and RECOVERYbits are the highest quality spirulina and chlorella and are one of my staple keto-friendly foods for peak energy and performance. I heavily relied on both ENERGYbits and RECOVERYbits as a crew member on the NASA NEEMO 22 mission.”

Dr. Dominic D’Agostino, PhD
Research Scientist, Institute for Human and Machine Cognition
Assoc. Professor Department of Molecular Pharmacology and Physiology
Morsani College of Medicine, University of South Florida

"In a world where our health is stressed by contaminated air, water, food, and personal items, where are you going to turn for the cleanest nutrition and wellness support on the planet? I turn to ENERGYbits and RECOVERYbits as a plant perfect route to protect, strengthen and cleanse my metabolic systems. I feel my best when I am green, clean and protected by these plant foods."

Joel Kahn, MD, FACC
Clinical Professor of Medicine
Author, The Plant Based Solution
www.drjoelkahn.com

“When it comes to nutrient density for omnivores, vegans, vegetarians and anyone looking to optimize their diet with dense quantities of protein, amino acids, fatty acids, DHA, antioxidants and more, you simply cannot beat chlorella and spirulina. But not all algae is created equal, which is why I swear by ENERGYbits as my go-to algae source, bar none.”

Ben Greenfield
BenGreenfieldFitness.com

“Until I found ENERGYbits, I had been an outspoken critic of algae products due to their high toxicity. Most of the products on the market test extremely high in heavy metals & contaminants. In complete contrast, ENERGYbits algae products test clean and are safe. Myself and many of the doctors I coach use ENERGYbits because we can trust in their purity and effectiveness.”

Dr. Daniel Pompa, D.PSc.
www.DrPompa.com
“As a neuroscientist and nutrition expert in the emerging field of “food as medicine” I am always looking for clean whole food that I can recommend. The purity, quality and effectiveness of ENERGYbits algae tablets is extraordinary and their algae’s ability to fill nutritional gaps, improve wellness and facilitate optimal brain/physical health is unmatched. That’s why I use their algae too”

Dr. Nicole Avena PhD
Professor Mount Sinai School of Medicine & Princeton University
Author of Why Diets Fail
www.DrNicoleAvena.com

"As a functional medicine practitioner and author of Ketotarian I know the importance of including plant-based keto superfoods like algae in your diet for optimal health. Many algae aren’t the best quality but I can always count on ENERGYbits to deliver a high-quality product. Even my kids love them!"

Dr. Will Cole, DC
IFMCP
Author of Ketotarian
https://drwillcole.com/

“I am very glad I tried your algae products because I learned first-hand you have a quality product that performs as you say it does. Within minutes of taking the first dose of algae I felt more energetic and focused. In 40 years of practice I have never seen anything work so fast and be so effective. I look forward to using and dispensing more of your algae packets in the days ahead”.

Dr. Craig Henderson DC

“With ENERGYbits, I am assured of putting food in my body that is not only pure and has the highest nutrient density, but is also a powerful immune builder that that optimizes my cellular health, energy and metabolism.”

Dr. Lori Shemek
Best Selling Author of FATflammation
https://drlorishemek.com/

"As a Naturopath who has been practicing over 20 years, I am excited about adding ENERGYbits Chlorella and Spirulina tablets to our clinic. I am not only impressed by the high quality of ENERGYbits algae tablets, their attention and commitment to providing high quality packaging and education is second to none”
Dan Young BCN
Total Wellness Radio
https://www.countrydoctornutritionalcenter.com/

“It is wonderful to FINALLY find a nutritional product that I stand behind 100%. As a lifelong athlete, personal trainer, and fitness business owner, I have long searched for HEALTHY food choice while on the go. I have never trusted and believed in a product so much until I found ENERGYbits. Your product has been a game changer for my own training (Olympic distance triathlon) as well as for the folks I’ve shared them with”.

Michelle Densmore, CPT, LCSW
Lucky13Fitness www.lucky13fitness.com

It's extraordinary to have a tool like ENERGYbits that brings energy and focus without having to drink coffee to get it. ENERGYbits products are just phenomenal and I'm an official convert”“ I speak with business owners every day and I've rarely met someone with the level of enthusiasm and passion that Catharine Arnston has for ENERGYbits. Her positivity and encouraging words during our interview encouraged me to create my "Inspiring Women in Business" series featuring inspiring women like Catharine.”

Susan Baroncini-Moe Executive coach and host
2Questions.TV, http://suebmoe.com

“When clients ask me what's the one thing that they can do to improve their health - I give them three answers: Eat clean. Exercise. Take ENERGYbits spirulina and chlorella algae. .When we started looking into the algae marketplace, we dug deep into the literature, ran the numbers and charted the comparisons to guide our thinking. ENERGYbits was the obvious choice.”

Dr. David C. Socol │ Physician │ Age Management
8383 Wilshire Boulevard, Suite 315 Beverly Hills, CA
www.SocolMD.com

“ENERGYbits have the best algae tablets. The pure energy you feel from their spirulina is almost instantaneous. Thanks to ENERGYbits, I’m enjoying better workouts, more energy, stronger immune system and better digestion.”

Steve Jordan, Celebrity Health and Fitness Coach
Podcast Host I AM Healthy & Fit
www.stevejordan.com
"I’m a huge fan of ENERGYbits. Their algae tablets are a portable, convenient, superfood whose quality I can trust."

Ryan Munsay
Mens Health Fitness Council and Podcast Host - The Better Human Project

“I've been traveling for over 4-months for business and have used both ENERGYbits and RECOVERYbits as my 'nutritional insurance' when it’s tough to find high-quality food”.

Matthew Walrath
Host & Founder Beyond Macros Podcast

Using ENERGYbits 100% spirulina is such an easy way to add superfood power to breakfast, and trick my husband into eating healthy. ENERGYbits is the only brand I trust when it comes to purity and quality; they’re the best!”

Carrie Forrest
Host and Founder
www.CleanEatingKitchen.com